

A large, faint, stylized human figure in a darker shade of blue is centered in the background. The figure has a circular head and two large, curved arms extending downwards and outwards, resembling a person with arms raised or a protective shield.

# Logan Lake Health Services

Interior Health  
February 6, 2024



# Land Acknowledgement

We would like to recognize and acknowledge that we are collectively gathered on the traditional, ancestral, and unceded territory of the Nations in our area.



Home Health/  
Home Support



Adult Day  
Services



Lab Collection  
Services



Diagnostic  
Imaging



Primary Care

# Logan Lake Primary Health Centre



Mental Health  
& Substance  
Use



Emergency  
Services



Transportation



Nutrition /  
Diabetes  
Education



Respiratory /  
Spirometry  
Services



# Pilot Virtual Primary Care Model

## How to access:

**Phone:** 250-523-9414 to book an appointment

### **In Person:**

- 5 Beryl Drive, Logan Lake, B.C.

## Services

- Primary care physician / nurse practitioner offering virtual care two days per week; an in-person registered nurse will set up and assist with the appointment and provide follow up assistance.
- Initial data will be collected to inform planning of the virtual care service.



# Home Health

## How to access:

### **Self Referrals Accepted**

**Phone:** 1-800-707-8550 ex. 6

**Fax:** 1-866-250-7952

## Services:

- Nurses travelling to the community for medical care at home such as wound care, physical, occupational and speech therapy, etc.
- Patients can also visit the health centre for home health needs.
- Currently serving a total of 20 home health clients (including 13 home support clients).



# Home Support

## How to access:

### **Self Referrals Accepted**

**Phone:** 1-800-707-8550 ex. 6

**Fax:** 1-866-250-7952

## Services:

- Provided by community health workers to clients who require personal assistance with activities of daily living, such as mobilization, nutrition, lifts and transfers, bathing, grooming, etc.
- Currently serving a total of 13 home support clients.



# Adult Day Services

## How to access:

**Clinician Referral**

**Self Referrals Accepted**

**Phone:** 1-800-707-8550 ex. 6

## Services:

- Nutritious noon meal and snacks
- Physical activity
- Professional health-care services
- Recreational programs such as music, baking, games, crafts, gardening and outings
- Social opportunities



# Lab Collection Services

## How to access:

### **Book Lab Appointments:**

- **Phone:** 1-844-0870-4756
- **Online:**  
<https://www.labonlinebooking.ca>

**Hours:** Monday-Friday, 8:30 a.m. to 12:20 p.m.

## Services:

- Blood, urine, stool and other sample collection



# Diagnostic Imaging

## How to access:

### **Book an Appointment Online:**

- [www.myhealthportal.interiorhealth.ca](http://www.myhealthportal.interiorhealth.ca)

### **Thompson Cariboo Region (TCR) Central Booking Office:**

**Phone:** 250-674-4107

**Hours:** Mon/Tue/Thurs/Fri: 8:45  
a.m. to noon

## Services:

- X-ray examination and diagnosis
- Mammogram screening available through BC Cancer mobile mammogram unit at Highland Valley Foods, 150 Opal Street (call 1-800-663-9203 to book an appointment)
- Bone density testing is available at Northhills Centre Medical Imaging in Kamloops
- CT & MRI are available at Royal Inland Hospital in Kamloops



# Mental Health & Substance Use

## How to access:

**Self Referrals Accepted**

**Phone: 250-378-3401**

**Central Phone: 250-310-6478 (MHSU)**

**Fax: 250-378-3411**

## Services:

- Counselling and Treatment Services
- Virtual Group Counselling and Education
- Seniors Mental Health and Substance Use Services
- Early Psychosis Intervention
- Treatment, Support and Recovery
- Case Management
- Community Treatment
- Opioid Agonist Treatment (OAT)
- Coming soon: Aboriginal Patient Navigator Services (APNs-MHSU)
- Transition and Stabilization Services (Based in Lillooet)
- Substance Use Day Treatment Day treatment (based in Merritt)
- Referrals to psychiatrists, tertiary psychiatry and hospital-based psychiatry services.
- Referrals to Virtual Addiction Medicine, Substance Use treatment centres



# Respiratory / Spirometry Services

## How to access:

**By Referral Only**

**Phone:** 250-523-9414 ex 2.

**Fax:** 250-523-6869

## Services:

- Pre and post bronchodilator spirometry (for diagnosis and disease control assessment)
- Respiratory medication management and review
- Education and self-management practices for clients with asthma, chronic obstructive pulmonary disease (COPD) and other respiratory conditions
- Asthma and COPD Action Plan development
- Smoking cessation for those with chronic disease
- Collaboration/referral to other respiratory programs such as the Pulmonary Rehabilitation Program and the Home Oxygen Program.



# Nutrition / Diabetes Education

## How to access:

**Physician and Self Referrals Accepted**

**Phone:** 250-523-9414 ex 2.

**Fax:** 250-523-6869

## Services:

- Outpatient Dietitian appointments
- Diabetes education appointments with Certified Diabetes Educator Dietitian
- One to one appointments available one day per month either in person or virtually
- Home Health Dietitian Services available for patients with feeding tubes



# Community Transportation

## How to access:

**Book a Trip (2 days in advance):**  
250-376-7525

## **Website:**

<https://www.bctransit.com/kamloops/schedules-and-maps/health-connections/logan-lake-kelowna>

## Services:

- Health Connections service stops in Logan Lake on Tuesdays to bring riders to Kamloops and on Thursdays to bring riders to Kelowna.



# Kamloops Sexual Assault Counselling Centre

## How to access:

**Self Referral:** 250-372-0179

**Website Intake:** [KSACC.CA](http://KSACC.CA)

## Services:

- Counselling services
- Community based victim services



# Emergency Services

## How to access:

**Phone:** 911

### **In Person:**

- Royal Inland Hospital ER - 311  
Columbia Street, Kamloops, BC (Open 24/7)

## Services:

- Emergency services are coordinated through BC Ambulance and Interior Health and are routed to Lillooet or Kamloops depending on the situation.



# Primary Care

## How to access:

**Phone:** 250-523-9414

**Fax:** 250-523-6869

## **In Person:**

- 5 Beryl Drive, Logan Lake, B.C.

## Services

- Primary care physician coverage and nursing staff working out of the Logan Lake Primary Care Clinic, offering virtual care.

